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POST-OPERATIVE INSTRUCTIONS FOR CYSTOSCOPY

1. No diet or activity restriction.
2. Drink large amounts of fluids-one 8 oz. Glass each 1-2 hours for 24 hours. (Avoid caffeine, if possible)
3. Your urine may be pink to red for several days. There may be some stinging or burning with urination, particularly if you are female and the physician has dilated your urethra (external urinary opening).
4. Notify your physician if you have any of the following:
 - a. Oral temperature greater than 101 degrees
 - b. Inability to urinate (greater than 6-8 hours).
 - c. Frequency of urination after the first 72 hours.